Parental Waiver and Consent Form

As the parent or guardian of the child named below, I hereby give my full consent and approval for my child to participate in the sport designated below.

I understand that there are certain risks inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on my child's behalf. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.

In addition to giving my full consent to my child's participation, I hereby waive, release and hold harmless the organization named below, it's officers, coaches, sponsors, supervisors and representatives for any injury that may be suffered by my child in the normal course of participation in the designated sport and the activities incidental thereto, whether the result of negligence or any other cause.

Name of Parents		
Name of children		
Address	Town	State
Please list any physical limitations (allergies, hearing, sight, etc.)		
Parent's signature		Date
Name of Sponsoring Organization – <u>Mainland Recreation Association</u> Designated Sport – <u>Swimming – (Swim Team)</u>		

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